



Cafe Bistro

BREAKFAST

Available from 8.30 to 11:45 am

SOMETHING FILLING

FULL SCOTTISH **£8.25 (GF*)**
Bacon, Link Sausage, Lorne Sausage, Black Pudding, Confit Tomato, Potato Terrine, Root Veg Hash, Mushroom, Poached Eggs & Toast

FULL VEGGIE **£8.25 (V) (GF*)**
Veggie Sausages, Spinach, Root Veg Hash, Confit Tomato, Potato Terrine, Mushrooms, Poached Eggs, & Toast

FULL VEGAN **£8.25 (VE) (GF*)**
Vegan Sausages, Spinach, Root Veg Hash, Confit Tomato, Potato Terrine, Mushrooms, Vegan Cheese & Toast

FULL CRIOLLO **£8.25 (GF)**
A traditional Venezuelan breakfast of Ham, Mozzarella, Black Beans & Fried Eggs with a fried cornmeal "arepa"

FULL VEGAN CRIOLLO **£8.25 (VE) (GF)**
Vegan "Feta" cheese, Mushrooms, Spinach, Black Beans, & Avocado Hummus with a fried cornmeal "arepa"

BREAKFAST BURRITO **£6.80 (VE*)**
Toasted tortilla wrap filled with Scrambled Eggs, Black Beans, Avocado Hummus, fresh Tomato Salsa & Cheese

SOMETHING LIGHTER

AVOCADO ON TOAST **£6.60 (GF*) (VE*)**
Avocado Hummus on Our Own Sundried Tomato Bread, Poached Eggs, Homemade Chili Oil and Toasted Seeds

BREAKFAST ROLL **£3.50 (GF*) (VE*)**
Choose From: Sausages (link, Lorne or veggie), Bacon, Eggs, Mushrooms, Black Pudding

Additional Fillings 50p each

EGGS YOUR OWN WAY **£3.50 (GF*)**
Fried, Poached, or Scrambled Eggs on your choice of toast

EGGS BENEDICT **£6.50 (GF*)**
Breakfast Muffin topped with Bacon, Poached Eggs & Hollandaise Sauce

EGG ROYALE **£6.50 (GF*)**
Breakfast Muffin topped with Smoked Salmon, Poached Eggs, & Hollandaise Sauce

EGG FLORENTINE **£6.50 (GF*)**
Breakfast Muffin topped with Spinach, Poached Eggs and Hollandaise Sauce

SOMETHING SWEET

BUTTERMILK PANCAKES **£6.50**
Fluffy pancakes with either:
-Berry Compote & Yoghurt
-Bananas & Nutella
-Bacon & Maple Syrup

GRANOLA **£2.95 (VE*)**
Homemade seeded granola topped with Berry Compote & Natural Yoghurt

TOAST OR TEACAKE **£2.10 (GF*) (VE*)**
Toasted Brown, White or Sourdough Bread or a Teacake, served with Jam & Butter

If you have any allergies or dietary requirement, please speak to a member of staff about our menu



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Roots and Seeds Catering



Roots and Seeds Café

(GF) Gluten Free (GF*) Gluten Free Available option available
(VE) Vegan (VE*) Vegan option available (V) Vegetarian



Cafe Bistro

LUNCH

Available from 12noon to 3pm

SOUPS, SALADS & LIGHTER OPTIONS

SOUP OF THE DAY £3.80 (GF*)(VE*)

Homemade Seasonal Soup with Warm Artisan Bread

SOUP & HALF SANDWICH £5.80

See Below for Sandwich Filling Options

QUICHE OF THE DAY £5.80

Served with a side salad & root vegetable crisps

SMOKED MACKEREL SALAD £7.50 (GF)

Smoked Peppered Mackerel with a Soft Egg and a Chickpea & Parsley Salad

AVOCADO ON TOAST £6.60 (GF*)(VE*)

Avocado Hummus on Our Own Sundried Tomato Bread, Poached Eggs, Chilli Oil and Toasted Seeds

SAUSAGE ROLLS & PASTRIES

See our counter for today's selection

SANDWICHES, TOASTIES, WRAPS & BAGUETTES -ALL £6.80

Served with side salad & root vegetable crisps

Choose from White, Brown or Sourdough Bread, Wrap or Baguette, or GF bread

MORTADELLA & MUSTARD

Italian Mortadella sausage slices with Mustard Mayo, Pickles & Sliced Tomato

SMOKED SALMON & CREAM CHEESE

Scottish Smoked Salmon with Cream Cheese, Black Pepper & Watercress

FALAFEL & CHILLI JAM (VE)

Spiced Chickpea Falafel with Chilli & Red Pepper Jam

HERBY CHICKEN & ROCKET PESTO

Chicken marinated in Lemon & Herbs with a Rocket Pesto

CHEDDAR & KASUNDI (V)(VE*)

Sliced Cheddar with a Spicy Tomato & Ginger Chutney

SPICED CARROT & HUMMUS (VE)

Spiced Carrot & Raisin mix with Butterbean Hummus

BURGERS, NACHOS & LOADED CHIPS

BISTRO BURGERS £9.90(GF*)

All made in-house, choose from:

- Beef Burger with Cheddar Cheese
- Grilled Chicken & Bacon Burger
- Spiced Falafel Burger (VE*)

All served in a toasted bun with mayo, gem lettuce, tomato, & gherkins, with a side of hand-cut chips and onion rings

NACHOS £4.90(V)

Tortilla Chips topped with refried Black Beans, Avocado Hummus, Tomato Salsa, Sour Cream & Cheese Sauce

LOADED CHIPS £4.90

Chunky Chips coated in Cajun Spice with Cheese Sauce & Crispy Bacon

SIDES

MIXED SALAD

£1.50(GF)(VE)

CHUNKY CHIPS

£1.80(GF)(VE)

SKINNY FRIES

£1.80(GF)(VE)

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